



#02-123

TEXAS DEPARTMENT OF HEALTH  
AUSTIN TEXAS  
INTER-OFFICE

**TO:** Regional Directors  
Directors, Local Health Departments  
Directors, Independent WIC Local Agencies  
Director, Office of Public Health Practice

**FROM:** Barbara Keir, Director **(Original Signed)**  
Division of Public Health Nutrition and Education  
Bureau of Nutrition Services

**DATE:** October 11, 2002

**SUBJECT:** *On the Road to Excellence - Fit Kids!* Satellite Teleconference

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Thursday, April 3, 2003 is the date of the United States Department of Agriculture (USDA), Southwest Region Obesity satellite teleconference, *On the Road to Excellence- Fit Kids!* Please plan on sending all WIC staff who provide nutrition education. This teleconference is still in the very early planning stages, but we wanted to make sure you put it on your calendars.

Thanks to all of you who completed the obesity teleconference questionnaire. Your input will be used to plan an excellent educational experience.

If you have questions or require additional information, please contact Ms. Mary Van Eck, Nutrition Education Coordinator, Bureau of Nutrition Services, at (512) 458-7111, extension 3484 or [mary.vaneck@tdh.state.tx.us](mailto:mary.vaneck@tdh.state.tx.us).

Attachment

# *On the Road to Excellence Fit Kids!*



*Save this date: Thursday, April 3, 2003  
Satellite Teleconference.*

*brought to you by the USDA Southwest Region  
and Texas Department of Health*

*Learn how you, the nutrition educator, can help kids and families:*

- *reduce the risk of childhood obesity*
- *improve nutrition and fitness*
- *develop healthy feeding relationships*
- *realize the value of healthy food choices and  
physical activity for their families*

*Look for registration information in January.*

